

Spring Break Gymnastics Camp

Camp Dates: Thursday, March 12 - Friday, March 20

Camp Times: Half Day 9:30 – 12:30 / Full Day 9:30 – 3:30

Camp Ages: 4-11yrs (4 - 6yrs boys)

What To Bring: Please pack a morning snack for all campers/pack a snack & lunch (full day)

	1 Child (student)	2 Children (student)	1 Child (non student)	2 Children (non student)
ALL (7) Half Days	\$189	\$294	\$210	\$350
ALL (7) Full Days	\$350	\$546	\$399	\$630
Per Half Day	\$30	\$50	\$36	\$54
Per Full Day	\$57	\$90	\$60	\$100
Before Care	\$5 Per Day Per Child / Per Child <i>cash only if paying day of</i>			
After Care	\$5 Per Day Per Child / Per Child <i>cash only if paying day of</i>			
Pizza & Ice Cream	\$5 Pizza (March 20) / \$5 Ice Cream (March 20) <i>cash only if paying day of</i>			

*3rd child is half the 2 Children rate

Our gymnastics camp is **highly instructional** with a **low student : teacher ratio**. We divide students up into age & ability groups for event training. Students receive instruction on **bars, beam, tumbling, & vault everyday**.

Students also participate in a **Progression Skill Segment** which focuses on drills related to one specific skill. The PSS **develops body control, increases strength, & creates good form**. Additional Instructional camp segments on stretches, strength, games, crafts, acro, cheer, & dance.

Cheer Stars Workshop

FRIDAY, MARCH 13

1:00 – 3:30

Ages 6 – 11

\$30 1 Child / \$50 2 Children
\$25 Per Child (Student/Team Rate)

REGISTRATION DEADLINE:

Wednesday, March 11

DANCE * STUNT * JUMP * TUMBLE

Come See What Cheer is All About!

Learn a fun cheer dance!

Additional Instructional Segments include tumbling, stunting, jumps, conditioning & flexibility.

Please wear athletic sneakers & socks.

Hair pulled up away from face & neck.

GENERAL GYMNASTICS

Thursday, March 19

4:00 – 5:00

AGES 4 – 11

\$15 1 Child / \$10 Sibling (*Cash Only*)
Walk-in instructional gymnastics class. Students will train on bars, beam, & tumble track.

TUMBLE BASICS CLINIC

Thursday, March 19

5:00 – 6:00

Ages 6 – 14

\$15 1 Child / \$10 Sibling (*Cash Only*)

Combo with General Gymnastics
SAVE! \$5 OFF Tumble Clinic Total

Come get some extra training to master your tumble basics!
Progressions & Drills for handstands, cartwheels, kickovers, round-offs
Backwalkovers & backhandsprings!

Tumble Tikes

Monday, March 16

Wednesday, March 18

Friday, March 20

9:30 – 12:30

Ages 2-3

\$33 Per Day

Child must have turned 2yrs by February 1, 2020

A morning of **Fun & Fitness** for your little one!

Come check out Acro Fit's Tumble Tikes program!

Where you get to jump & roll, climb & play, sing & dance & learn your ABC's!

Early Learning Education

Activities every day!

Space is Limited!

NO WEEKLY REC CLASSES

NO FAMILY PLAY

March 16 – March 20

GYM CLOSED: MARCH 21

REGISTER NOW!

(941) 923 – 2100

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